



This Week at Chabad Lubavitch of Maine



CANDLE LIGHTING TIMES
FOR
PORTLAND:

Friday, Dec. 31 3:56 pm

Torah Portion: [Va'eira](#)

Chabad Lubavitch of Maine Email: chabadofmaine@gmail.com Phone: 207-871-8947 www.ChabadofMaine.com



Message from the Rabbi

Dear Friends,

The slavery and bondage the Jews experienced was more than just physical; they were deeply assimilated into the Egyptian culture and way of life. So when the time came for them to be freed, they first needed to have their faith in G-d restored.

That came through Moses, faithful shepherd of Israel. Without Moses, the Jews would have remained mired in the muck around them. He reminded them of G-ds commitment to Abraham, that although his descendants would one day be slaves, they would eventually be set free with an abundance of riches.

Such will be the case with the coming of Moshiach, who will not only redeem us from our exile, but will reignite our faith.

May it be very soon!

Shabbat shalom,

Rabbi Wilansky



Parsha Class With Rabbi Levi, Sunday , 11:00



THE PUBLIC DECLARATION

The Egyptians revered cattle as deities, but they were remarkably tolerant of the Jewish tradition of eating meat. But when the Jews slaughtered the sheep for the Paschal offering, they went berserk. What happened?

 Sunday, 1,2

 Zoom Link chabadofmaine.com/zoom



JEWISH INSIGHTS

A TASTE OF THE REBBE'S TEACHINGS

PARSHAT BO

Zoom Link Click [here](#)



Cappuccino Challah Bake: Jan 7



Cappuccino Challah w/ Espresso Crumble

Friday,
Jan 7
10 am - 12 pm

In-Person and
on Zoom



Ingredients you will need:

Flour	Instant espresso
Sugar	powder
Yeast	Coconut milk
Eggs	Light brown sugar
Salt	Chocolate chips
Oil	Cinnamon

RSVP: chabadofmaine.com/challahcircle - 843.582.2789 \$15

Click Here to [RSVP](#)



New Jli Course: Meditation from Sinai



Meditation

FROM SINAI

MINDFUL AWARENESS
AND DIVINE SPIRITUALITY
TO HELP YOU THINK, FEEL,
AND LIVE MORE DEEPLY

Click Here to [RSVP](#)



Upcoming Events

Shabbat Service

Shabbat, Jan. 1, 2022 - 10:45 am

Sunday Morning Service

Sunday, Jan. 2, 2022 - 9:00 am

Shabbat Service

Shabbat, Jan. 8, 2022 - 10:45 am

Sunday Morning Service

Sunday, Jan. 9, 2022 - 9:00 am

Shabbat Service

Shabbat, Jan. 15, 2022 - 10:45 am

Sunday Morning Service

Sunday, Jan. 16, 2022 - 9:00 am

Shabbat Service

Shabbat, Jan. 22, 2022 - 10:45 am

Sunday Morning Service

Sunday, Jan. 23, 2022 - 9:00 am

Shabbat Service

Shabbat, Jan. 29, 2022 - 10:45 am

[View all upcoming events](#)



Service Times

Friday night

4:15pm

Shabbat day

10:15am

Kiddush and refreshments

12:45pm



Donate

Join in and become a partner in the work we do!

Help us continue our work



This Week @ www.ChabadofMaine.com



BY THE NUMBERS

22 Kosher Facts Every Jew Should Know

Brush up on your understanding of this this basic mitzvah, which is integral to Judaism and Jewish life.

[More...](#)



PARSHAH

The Real Reason for the Ten Plagues

The ultimate purpose was that the departing Israelites would learn an eternal message that would resound for generations.

[More...](#)



YOUR QUESTIONS

Why Do I Need a Hebrew Name?

It functions as a conduit, channeling spiritual energy from Gd into your soul and your body. Thats why a critically ill person is sometimes given an additional Hebrew namesort of like a spiritual bypass operation.

[More...](#)



VIDEO

When the Alter Rebbe Chopped Wood

In the early 1980s, the Rebbe began to speak on the importance of raising awareness about the Seven Laws of Noah among non-Jews.

[More...](#)



Parshah in a Nutshell

Parshat Va'eira

Gd reveals Himself to **Moses**. Employing the **four expressions of redemption**, take out the Children of Israel from Egypt, deliver them from their enslavement, redeem them, and acquire them as **His own chosen people** at **Mount Sinai**; He will then bring them to the **land He promised to the Patriarchs** as their eternal heritage.

Moses and **Aaron** repeatedly **come before Pharaoh** to demand in the name of Gd, Let My people go, so that they may serve Me in the wilderness. Pharaoh repeatedly refuses. **Aarons staff turns into a snake** and swallows the magic sticks of the Egyptian sorcerers. Gd then sends a series of **plagues** upon the Egyptians.

The waters of the Nile **turn to blood**; swarms of **frogs overrun the land**; **lice** infest all men and beasts. Hordes of **wild animals** invade the cities; a **pestilence** kills the domestic animals; painful **boils** afflict the Egyptians. For the seventh plague, **fire and ice** combine to descend from the skies as a **devastating hail**. Still, **the heart of Pharaoh was hardened** and he would not let the children of Israel go, as Gd had said to Moses.



Today's Quote

"They shall make for Me a sanctuary, and I will dwell amidst them" (Exodus 25:8). The verse does not say, "and I will dwell within it," but "and I will dwell within them" -- within each and every one of them.

Shelah (Rabbi Isaiah Horowitz, 1565-1630)



Chabad World News



NORTH AMERICA

As Marshall Fire Rips Through Colorado Boulder County, Chabad Reaches Out

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NORTH AMERICA

Sun, Surf and Synagogue: Cabo San Lucas, Mexico, Opens First Jewish Center

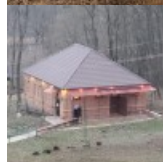
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NORTH AMERICA

Saved From Cremation, Man Receives Jewish Burial in New Mexico Desert

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FORMER SOVIET UNION

The Small Town Where Ukraines Jews Go to Gain Strength

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Chabad Guide



Synagogue Services



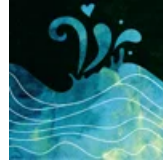
Adult Education



Hebrew School



Women's Circle



Mikvah



Kids' Program

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